

Beste tid kvinner Øvre Salangen - Seljeskog frem til 2000

Tid	År	Kvinnepllass	Etternavn	Fornavn	Klasse	Totalpllass
01:08:35	2000	1	Storevik	Åshild	K-30 - 34	9
01:12:32	1998	1	Thomassen	Ranveig	K2	12
01:17:04	1984	1	Sørflaten	Beate	K1	14
01:17:26	1998	2	Nordnes	Eirin	K1	20
01:22:59	2000	2	Tøllefsen	Ingvild	K-16 - 19	34
01:24:41	1988	1	Øvergård	Torunn	K1	30
01:25:51	2000	3	Tøllefsen	Asta	K-20 - 24	40
01:27:01	1993	1	Martinsen	Heidi	K3	21
01:27:01	1991	1	Granheim	Mona	K2	33
01:27:12	1989	1	Olsen	Hege	K1	39
01:28:07	1984	2	Roll	Ragnhild	K2	33
01:28:55	1987	1	Heggem	Laila	K1	25
01:29:22	1998	3	Prestbakmo	Jorunn M	K1	25
01:29:46	1997	1	Ofstad	Sylvi Pettersen	K3	8
01:30:26	1982	1	Sørflaten	Beate	K1	28
01:31:43	1983	1	Nyland	Lisbeth	K1	39
01:32:32	1994	1	Øvergård	Torunn	K1	27
01:32:41	1990	1	Olsen	Hege	K1	35
01:32:53	1989	2	Rønning	Kirstin	K5	44
01:33:30	1980	1	Jensen	Sara Sylvi	K-20 - 24	21
01:33:54	1983	2	Larsen	Hjørdis	K6	44
01:35:11	1983	3	Heimdal	Inger	K5	47
01:36:21	1982	2	Lysgård	Lise Lotte	K1	39
01:36:32	1982	3	Granheim	Alfhild	K1	40
01:37:08	1982	4	Nilsen	Minica	K1	43
01:37:12	1979	1	Jensen	Sara Sylvi	K-20 - 34	31
01:38:47	1981	1	Jensen	Sara Sylvi	K2	28
01:39:38	1986	1	Fagerheim	Agnes	K7	35
01:39:57	1983	4	Øvergård	Inger	K6	62
01:39:58	1990	2	Rønning	Kirstin	K5	40
01:40:06	1991	2	Jacobsen	Berit	K4	42
01:40:47	1987	2	Jensen	Helle Magret	K1	40
01:41:37	1989	3	Øvergård	Inger	K7	45
01:42:33	1987	3	Fagerheim	Agnes	K7	43
01:42:52	1986	2	Øvergård	Inger	K5	36
01:43:46	1980	2	Lundberg	Wenche	K-35 - 39	34
01:43:52	1991	3	Olsen	Hege	K1	43
01:44:05	1981	2	Nordgaard	Grete	K3	34
01:44:53	1982	5	Nyland	Lisbeth	K1	55
01:47:03	1981	3	Lundberg	Wenche	K5	36
01:47:34	1987	4	Heimdal	Inger	K6	47
01:49:16	1976	1	Hellefossmo	Kjærlaug Sæther	K-20 - 34	46

Tid	År	Kvinneklass	Etternavn	Fornavn	Klasse	Totalplass
01:50:29	1977	1	Hellefossmo	Kjærlaug Sæther	K-20 - 34	53
01:51:29	1982	8	Øvergård	Inger	K5	62
01:51:53	1986	3	Jensen	Helle Magret	K1	42
01:52:07	1977	2	Nilsen	Hildegunn	K-U - 16	54
01:52:10	1994	2	Jacobsen	Berit	K5	45
01:52:15	1983	5	Rabbum	Inger Lise	K5	69
01:52:25	1976	2	Nilsen	Hildegunn	K-U - 16	53
01:52:40	1980	3	Rabbum	Inger Lise	K-30 - 34	45
01:52:44	1977	3	Higraff	Heidi	K-16 - 17	55
01:53:01	1979	2	Rabbum	Inger Lise	K-20 - 34	52
01:53:50	1987	5	Nygård	Bente	K2	52
01:53:52	1985	1	Gustavsen	Britt Nyland	K1	39
01:53:52	1985	1	Nyland	Lisbeth	K1	39
01:54:09	1980	4	Nygård	Bente	K-16 - 19	49
01:56:17	1984	3	Rabbum	Inger Lise	K5	50
01:57:18	1977	4	Nygaard	Anne	K-20 - 34	59
01:57:37	1977	5	Dalum	Astrid	K-16 - 17	60
01:57:51	1977	6	Estil	Eli Åmo	K-U - 16	61
01:58:04	1982	6	Nygård	Bente	K1	67
02:00:00	1976	3	Øvervatn	Jorunn	K-25 - 34	61
02:00:01	1976	4	Larsen	May	K-25 - 34	62
02:00:02	1976	5	Pedersen	Turid	K-25 - 34	63
02:00:03	1976	6	Olsen	Oddveig Nyhus	K-25 - 34	64
02:00:23	1994	3	Øvergård	Inger	K8	46
02:00:36	1979	3	Nygård	Bente	K-16 - 17	56
02:01:27	1977	7	Rydland	Astrid	K-20 - 34	64
02:01:50	1979	4	Larsen	Hjørdis	K-35 - 42	57
02:02:46	1984	4	Valen	Dagmar Roll	K4	51
02:02:52	1979	5	Higraff	Heidi	K-18 - 19	59
02:03:08	1979	6	Hellefossmo	Kjærlaug Sæther	K-20 - 34	60
02:03:32	1986	4	Rabbum	Inger Lise	K5	43
02:04:15	1980	5	Larsen	Hjørdis	K-35 - 39	64
02:04:31	1976	7	Rydland	Astrid	K-20 - 34	69
02:04:35	1981	4	Nygård	Bente	K1	54
02:05:08	1977	8	Nyland	Tove	K-16 - 24	68
02:05:26	1976	8	Larsen	Hjørdis	K-20 - 34	70
02:05:28	1977	9	Nyland	Lisbeth	K-U - 16	69
02:07:14	1976	9	Nyland	Tove	K-16 - 24	71
02:08:43	1985	3	Rabbum	Inger Lise	K5	43
02:09:05	1978	1	Hellefossmo	Kjærlaug Sæther	K-20 - 34	57
02:09:33	1977	10	Samueljord	Unni	K-35 - 42	72
02:09:36	1976	10	Bjørndal	Jorun	K-20 - 34	73
02:09:41	1976	11	Samueljord	Unni	K-35 - 42	74
02:10:02	1978	2	Higraff	Heidi	K-16 - 17	58
02:10:29	1981	5	Estil	Eli Åmo	K1	58

Tid	År	Kvinneplass	Etternavn	Fornavn	Klasse	Totalplass
02:12:08	1978	3	Dalum	Astrid	K-18 - 19	60
02:13:37	1982	7	Pedersen	Karin	K4	81
02:13:47	1976	12	Estil	Eli Åmo	K-U - 16	76
02:14:27	1979	7	Samueljord	Unni	K-35 - 42	63
02:15:55	1981	6	Larsen	Hjørdis	K5	62
02:16:35	1980	6	Estil	Eli Åmo	K-16 - 19	67
02:16:43	1976	13	Amundsen	Asbjørg	K-42 - 49	78
02:17:15	1983	6	Rydland	Astrid	K5	81
02:19:32	1978	4	Steinsund	Harriet	K-18 - 19	62
02:23:26	1981	7	Pedersen	Karin	K4	64
02:26:42	1984	5	Roll	Elsa	K10	52
02:28:42	1980	7	Eilertsen	Klara	K-30 - 34	70
02:30:05	1978	5	Larsen	Hjørdis	K-35 - 42	64
02:30:21	1976	14	Martinsen	Liv	M-35 - 42	79
02:33:02	1982	9	Larsen	Hjørdis	K6	88
02:34:49	1977	11	Larsen	Hjørdis	K-35 - 42	75
02:35:21	1979	8	Sæther	Alvilde	K-20 - 34	64
02:36:20	1978	6	Mikkelsen	Karin	K-16 - 17	66
02:43:30	1980	8	Løvstad	Bente Marie	K-16 - 19	71
02:47:24	1976	15	Øvervatn	Aud	K-16 - 24	80
02:50:28	1980	9	Pedersen	Karin	K-30 - 34	72
02:58:32	1980	10	Markussen	Bodil	K-30 - 34	73
03:04:36	1977	12	Mikkelsen	Karin	K-16 - 24	76
03:04:36	1977	13	Mikkelsen	Ellinor	K-16 - 24	77
03:44:00	1981	8	Rydland	Astrid	K5	65